

# PROTEGE

ELITE PROTEGE COMPANY



## COMPETITIONS

5 - 7 COMPETITIONS AND NATIONALS  
 1 - 2 OUT OF STATE REGIONAL COMPETITIONS  
 LOCATION FOR NATIONALS THIS YEAR: FLORIDA

SOLOS  
 OPTIONAL

# 6

COMPETITIVE DANCES  
 MINIMUM PLUS  
 PRECISION  
 PRODUCTION.  
 9 DANCES MAX.

## CLASSES INCLUDED:

- 3 - 1.5 Hour Ballet Classes - 2 will be during the week this year, 1 on Saturday mornings.
- 1 - 1.5 Hour Stretch and Technique Class
- 1 - 1 Hour Jazz Class
- 1 - 1 Hour Contemporary Class
- 1 - 1 Hour Hip Hop Class
- 1 - 1 Hour Tap Class
- 1 - 1 Hour Mat Pilates Class on Saturdays

*Company Rehearsals for each competition dance will be weekly.  
 We will practice production during the week this year.*



## DAYS AT THE STUDIO:

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	✓		✓	✓		✓

{ HIGHEST COMMITMENT }